NORTHBAY GUILD 2010 ANNUAL REPORT



THANK YOU
TO ALL OUR VOLUNTEERS



Brett Johnson President NorthBay Healthcare Foundation

Hello Ladies & Gentlemen of the Guild

It has been another outstanding year of phenomenal work done by all of you! The Foundation Board and I would like to congratulate all the fine accomplishments made in 2010. We know that 2011 will be great and your new President, Pam will continue on

with the outstanding leadership that Pat Dennis gave during her past two years. All of you who give your time so generously are to be commended.

Your director, Jane Schilling has kept us well informed on the terrific things that have happened in many of the departments you serve. She continues to spread the good news about all you do for NorthBay.

We know that the Thrift Shop has done wonderfully this past year and that it seems to get better all the time. She has told us how proud she is that everyone has been willing to be flexible and cooperative with the changes that have been ongoing. The new ideas are always good and keep the community coming back.

As the New Year begins, we are confident that this great work will continue. There are always new things to learn and changes that will take place. We thank you for being an integral part of the NorthBay team.

Happy New Year

Brett Johnson, President

NorthBay Healthcare Foundation









Dear Volunteers,



The words "THANK YOU" really doesn't express the gratitude and inspiration I feel when I think of the volunteers at NorthBay Healthcare. Your tireless energy and enthusiasm never ceases to amaze me. I have learned so much about life and what is really important from you. You are truly my Heroes.

This year we all worked very hard to successfully prove ourselves a force to be reckoned with. I appreciate the support I received from many of you who helped us move forward to the future. For those of you who don't like change and (let me know about how you feel) I'm sorry. You work too hard to continue spending your time trying to maintain things the way they used to be. It's 2011 and things have changed.

Dr. Seuss taught me a very long time ago with his story of the ZAX – that standing still is really going backward when the rest of the world is moving forward. We all have to embrace the new opportunities presented to us. Try new things. Look for easier and more efficient ways to accomplish our goals of service to the community, service to the hospital and fundraising for the

hospital and its programs. We need to find ways to work smarter instead of working harder.



Köszönettel

When I look into my crystal ball this is what I see for 2011.

- Changes in service chairs. It has long been the suggestion from CAHHS that chairpersons not serve "in perpetuity" in one particular service area.
- We will continue making tweaks in our Thrift Shop.
- We will bring in some small assistive devices to be sold at our VacaValley Gift Shop.
- The Adult College Student program will have more focus.
- We will have a new Chairperson(s) of our Golf & Tennis Classic.
- New physical requirements for volunteers who are active in a service area.
- Volunteers will be ordering their uniforms on line.
- Our volunteer website will include videos and even a copy of our annual report.
- We will be getting the Women's Resource Center volunteer effort into full swing.
- New cash registers will be going into our shops.
 - A volunteer in the Guild Office for 4 hours each day. Remember – this is in addition to what we already do!

So my advice to all is to be sure to take your vitamins, get a good nights' sleep, and join us as we shake, rattle and roll into 2011.

Sincerely,

Director, Volunteer Services

Leteling





brigado!







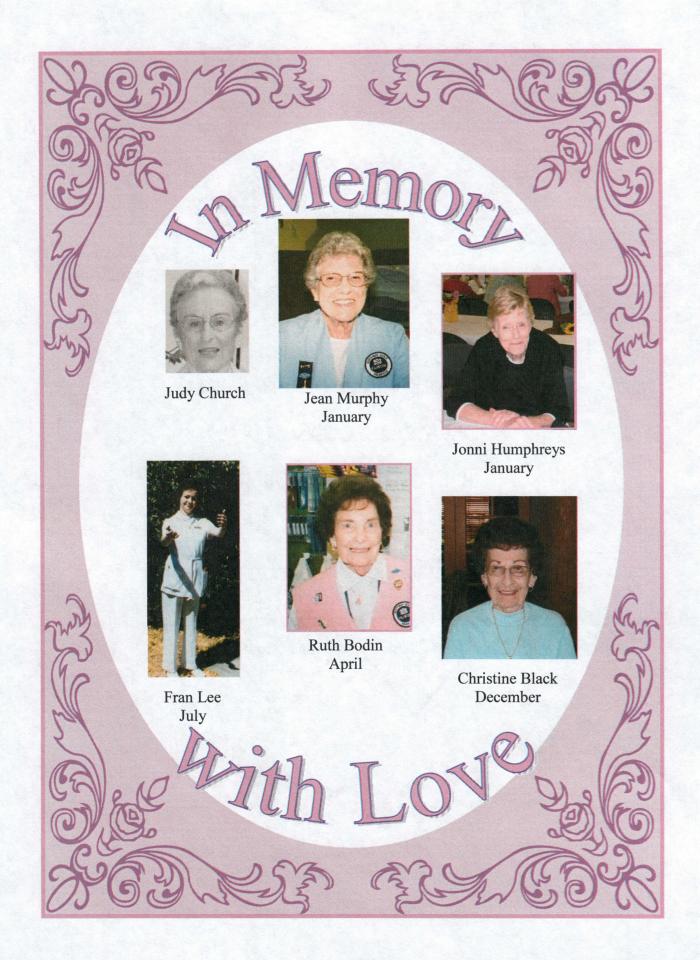




Patricia Dennis, Floyd Hicks, Janet Adema, Amy Gella and Dorothy Hicks







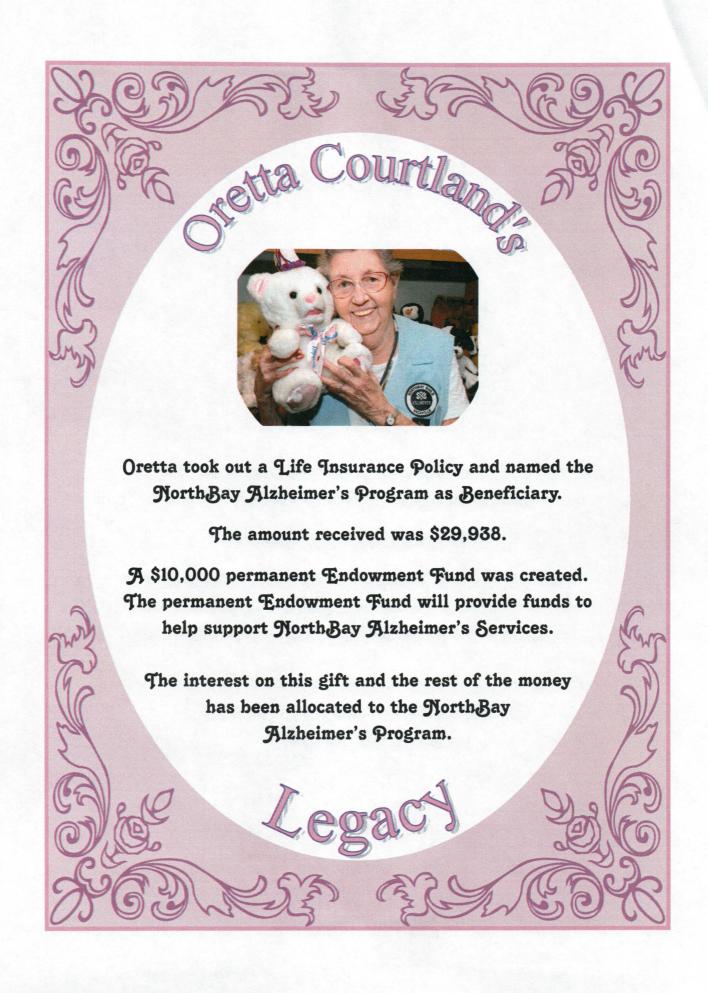
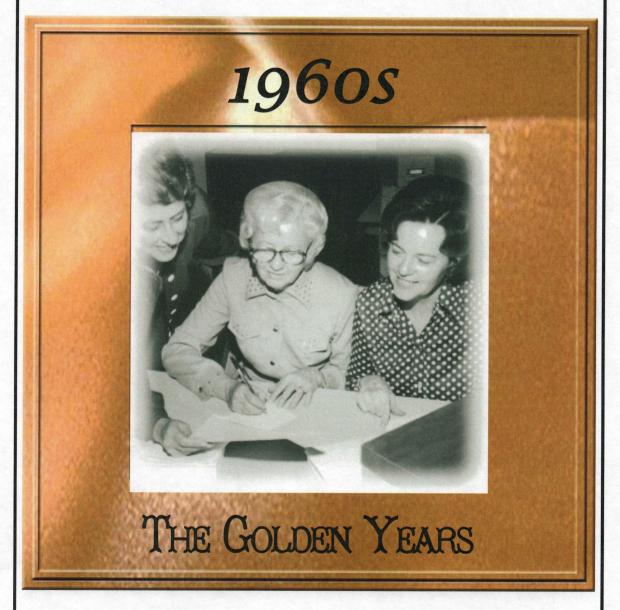


TABLE OF CONTENTS

Chapter 1 1960s The Golden Years of our Guild Chapter 2 Officer Reports Chapter 3 Service Areas & Committee Reports Chapter 4 Special Events & Community Outreach Chapter 5 Behind the Scenes Chapter 6 Special Volunteer Work & Accomplishments Chapter 7 2010 Volunteer Appreciation Lunch Annual Golf and Tennis Tournament Chapter 8 Chapter 9 Scrapbook Chapter 10 2011 Here We Come

> Special Thanks to Ken Reeder and Rabobank International, San Francisco Office for the paper and printing of this report

CHAPTER ONE





Dear Guild Members,

Please note that several of the photos in this chapter did not have dates so we are "guessing" they are from the 60s. I hope you enjoy this years history lesson as much as I did. We will try to find some photos from the 1970s for next year's Yearbook. Sincerely,

Your 2010 Historian

NTER-COMMUNITY HOSPITAL STAFF TO BE AIDED

Cuild for Hospital Formed; Charter Memberships Invited

An invitation to become a charter member of the newly organized Inter-Community Hospital Guild was extended ladies of upper Solano County last Thursday by the guild's charter president, Mrs. Richard Coffer of Vacaville.

Formed to assist the staff of the proposed hospital in any manner possible, the guild met Thursday at the Green Valley Country Club for the purpose of electing officers and instituting the necessary procedures for applying for charter. Memberships are offered for \$3.00.

Elected to serve with Mrs. Coffer as vice-president was Mrs. Arthur Tooby of Fairfield. Mrs. Quentin Peterson of Vacaville was named by the group to serve as recording secretary; Mrs. James Kilkenny of Dixon as corresponding secretary and Mrs. Arthur Chaboya of Winters will serve as the guild's treasurer.

The Mesdames: C. Roy Mason, Wood Young and James M. Shumway were named from the Twin Cities community to serve on the board of directors. Other board members will include: Mrs. James Wiggins, Mrs. Ralph Moss and Mrs. Homer Brown of Dixon; Mrs. Walter W. Weir of Vacaville; and Mrs. Francis Jacobs, Mrs. John Greenwood and Mrs. W. G. Brinck, Jr., of Winters.

president of the Central Solano Hospital Foundation, who extended his congratulations on the formation of the guild.

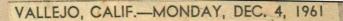
Dr. M. B. Smith of Fairfield and Frank McKevitt of Vacaville, who served as chairman pro-tem during the organization of the guild, were also introduced by Mrs. Mason. An offer of any possible assistance to projects the guild might plan was Hospital by Dr. Smith, who suggested that perhaps a Coke machine in the hospital lobby might be an advantage to the guild's money raising efforts.

Mrs. Robert Garrett, past president of the Solano County Medical Auxiliary and charter member of the Brookside Hospital Guild, was Mason presided at the next introduced and in turn pre-

and introduced Burt Goodman, Mrs. Bert Johnson, president of the Brookside Guild.

Telling the group the guild's gift shop, which is maintained in the lobby of the Brookside Hospital, nets their organization \$250 a month, Mrs. Johnson said that her organization has operated on the premise that the more members the better, and as a matter of fact, are hoping to lower the age limit for memberships to 18.

Adopting the name "Brookside offered on behalf of the Fairfield Hospital Service League" rather than calling themselves a guild, they have set their dues at \$2 per year for active volunteers. An annual associate membership is also offered at \$2 per year. These members, however, are precluded from voting in the league's elections. Life memberships are also offered for \$100 and many men, she said, avail themselves of the privelege





FAIRFIELD BLOOD DRAWING DEC. 13

Many pints of blood are needed in a growing community such as Fairfield and Suisun and the search for donors is a task of sometimes monumental proportions for Intercommunity Hospital Guild members who will be conducting their fourth community drawing in Fairfield a week from Wednesday, Dec. 13. Donations will be added to the community's blood bank account at the Irwin Memorial Blood Bank maintained by the San Francisco Medical society and will be taken under the direction of a local medical staff headed by Dr. William Nesbitt. Scanning and phoning prospects at a recent meeting at

the Julian Morrison home in Suisun were committee members, left to right, standing, Mrs. Robert Goldberg, Mrs. Frank Olquin, Mrs. Gordon Irwin and Mrs. Virgil Ragsdale who serves the group as publicity chairman. With phone book in hand is Mrs. May Cartwright, committee chairman and taking notes is Mrs. Morrison. Hours for the drawing in the Fairfield City Hall have been set for 1:30 to 6:30 p.m. Appointments may be arranged by calling Mrs. Cartwright at HA 5-4716.—Maxine Meyers photo for the Times Herald,

Left to right, standing, Mrs. Robert Goldberg, Mrs. Frank Olquin, Mrs. George Irwin and Mrs. Virgil Ragsdale. With phone book in hand is Mrs. May Cartwright and taking notes is Mrs. Morrison.

Back in the day... our volunteers were very "hands -on" help with the blood drives.





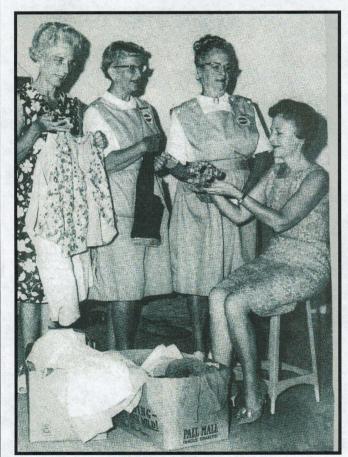


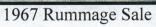


Early Fund Drive













1-5



SUILD VOLUNTEERS TOTAL 13, 977 HOURS IN 1966

Boasting a total of 13,977 volunteer hours for the year, Intercommunity Hospital Guild members proudly presented 1000-hour award pins to 10 at the guild's annual awards luncheon and business meeting held in the Apache Dining Room at the Fairfield Bowl. Mrs. Wood Young, a charter member serving on the guild's first board of directors, is shown being "pinned" by Intercommunity Memorial Hospital's administrator, Rich-

ard Macias. Awards to two 3,000-hour volunteers, Mrs. Hugh Loney and Mrs. Calvin Winkler were also presented. Others receiving 1,000-hour pins were, left to right, the Mesdames David Hale, Martin Glashoff, William Orr, Thomas Bayley, Elmer Burrell, Leland Emigh, George Olson, Virgil Ragsdale and Alfred Ryder, Jr.—Maxine Meyers Photo for the Times-Herald.

CHRISTMAS BOUTIQUE FUNDRAISER



CHAPTER TWO





OFFICER REPORTS



President Patricia Dennis

Dear Members,

My position as President will end on January 10, 2011. 2010 has been a banner year for me and the Guild.

We have made some changes to the Thrift Shop which has resulted in a 41% increase in revenue. We have the "best" Thrift Shop in town. Our Gift Shops and Vendor sales will set a record this year in sales. The annual Golf and Tennis

Classic Tournament was also a huge success. It is also very rewarding to be a part of the Wine and Food Jubilee each year.'

I was fortunate to be nominated by NorthBay for the Tribute to Outstanding Senior Award. I received the Tribute Award from the city of Vacaville last October. Another highlight for 2010 was being able to host the SVAC (Sacramento Valley Area Council) Meeting in September. We enjoyed showing off our beautiful Green Valley Campus.

None of this would have been possible without our great group of volunteers and it has been a privilege to be your president.

In the coming year I will have the privilege to Chair the Adult College Student Program. These college students will be volunteering at NBMC and VVII.

The first group of adult students began in November. The energy and excitement they bring to volunteering is so much fun. These students are all working toward a degree in the medical field. The program is structured to have three orientations a year. They will be volunteering in the late afternoons, evenings and on weekends. They will be doing the same work our Guild Volunteers do. Please extend a warm welcome to these volunteers if you have the opportunity to meet them.

Under the Leadership of Pat Dennis Our Guild made over \$129,500 for NorthBay in 2010





Secretary Janet Adema

I became a member of the NorthBay Guild in April 2007. Being a part of the NorthBay Guild has helped me to broaden my horizon. When I was asked to be the Secretary, it was an honor.

I appreciate how much I learned over the past two years and I would like to personally thank all of the people who helped me.

I have enjoyed being involved with everyone that is part of the Guild and NorthBay. I have had the privilege to be a part of a wonderful organization and will always be grateful to the members who have supported me.



Vice President Floyd Hicks

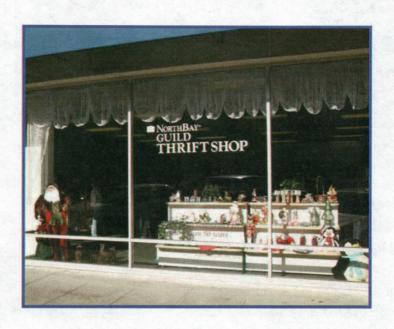
I am pleased to report that our volunteer team endorses the patient first policy of NorthBay, and they are pleased to be associated with a hospital where standards and values are regarded with such great importance. We continue to attract people from our respective communities, from all walks of life, who readily offer their time to take up the various volunteering opportunities we are able to offer.

Our volunteers are real ambassadors of our hospital and are regarded as an invaluable and integral part of the hospital team.

People of all ages offer their time, skills and experience which enhance the quality of patient care.

I would like to thank the Volunteer Board of Director, the NorthBay Foundation staff, and all volunteers for their time and effort they gave to the NorthBay Guild mission this past year.

CHAPTER THREE





SERVICE AREAS
AND
COMMITTEE REPORTS



Margery Hoggarth Manager & Buyer

NBMC Gift Shop



Dorothy Hicks Assistant Manager



Marlene Dessel



Patrick Popola

This message is to Pam Reeder, to welcome her back as the 2011 Guild President one more time. A wonderful achievement by the guild.

A few words regarding the Fairfield Gift Shop to sort of put you into the picture.

- Our hours of operation are 10 a.m. 4 p.m.
 Monday Friday
- Our daily sales average from \$200 to \$350 per day. The NorthBay Employee Gift Certificates will add extra \$\$\$ to our sales. I believe we will have a great year ending balance.
- We are receiving many new and different items daily.
- We have 4 part-time and 4 full-time volunteers.



Hugs are free



Clovis Heath

We welcome you back Pam and again Congratulations.



- Vivian Boatman

Dorothy Knaak→





- Eva Lightfoot Hilda Ramirez



3-2



Vaca Valley Gift Shop Sandy McSwain, Chair



Gilda Block

The VVH Gift Shop is in transition right now. In addition to the items we already carry, we will be making room to include simple assistive devices that allow people to maintain more independence and rely less on help from others. Whether your physical



Marge Jones

limitations are related to illness, injury or age, everyone needs a little help sometimes. Hopefully, we can look forward to welcoming new shoppers and at the same time provide a valuable service to our patients.

We have a great team of volunteers in our "little" shop who provide excellent service to our customers. We hope to extend our hours of operation in 2011 to 10 a.m. - 4 p.m. Monday - Friday. Please stop by and visit us some time. We would love to see you.







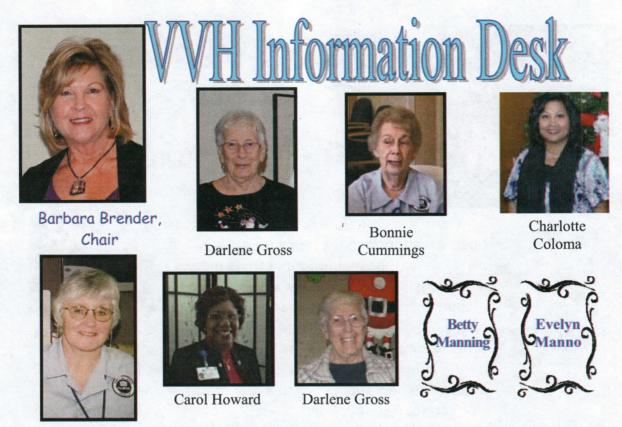


Rose Jones

Moving forward in 2011



Dorothy Miles



Mary
Kleinwachter,
Here it is the end of the year, and it's amazing how fast the year has gone. The Holiday season is upon us, and it is an exciting time of the year.

The information desk at VVH has had some activity in relation to volunteers coming and going. The first three months of the year had no activity, other than our

regular volunteers. Believe me; I am so grateful for their commitment.

April and May proved to be challenging. We lost Mary Kleinwachter for approximately six months and Betty Manning while she was recovering from an illness. Bonnie Commings has graciously been covering the entire day on Friday. June was a profitable month, as Burnell Allen joined our crew at the desk. In the meantime, Betty returned, only to have to leave again in August. It is unclear when she will be able to return.

I was busy in September with show and tell. I'm happy to report that it resulted in two new volunteers; Evelyn Manno and Charlotte Coloma. We were sure excited to add them to our group, as we have been running on empty pretty much the entire year. Unfortunately, I was just informed that Burnell will be submitting her registration in the near future. She is a valued member of our group and we will miss her. As always, we certainly understand when other commitments come up.

As a recap, we now, or will have three positions open; Tuesday afternoon, Wednesday afternoon, and Friday morning. I am hoping there will be some prospective volunteers at the upcoming orientations that are just waiting to be added to our group. In the meantime we are doing our best and enjoying every minute. When I returned from vacation recently, I told one of the hospital staff that I was so happy to be back, and I didn't even have to be there. I know I speak for everyone at the Information Desk when I say we are honored to give of ourselves.

3-4

In the meantime, a very HAPPY HOLIDAY to everyone.



Gail Mitchell, Chairman

This volunteer service began on July 13, 2010 and has been well received by the entire staff of NorthBay Medical Center, especially the Surgery staff. We have coverage Monday through Friday. It is very rewarding to know that one is performing a duty that is very important and helpful.

We have a very special group of volunteers providing this service and take pride in knowing that they are furnishing a very useful ser-

vice. We hope this service will continue for a long time to come. The special volunteers for this area are: Barbara Merrill, Sue Getsinger, Cheryl Taylor, Matilda Webb, Cheryl Thompson and me.



Barbara Merrill



Sue Getsinger



Matilda Webb







Thrift Shop Loretta Graham Asst. Manager

2010 has brought many wonderful changes to the NorthBay Guild Thrift Shop. These positive changes have almost doubled our profit. Our sales to date, are up. We had an increase of 41% profit over last year's sales.

We have extended our hours on Saturday from 9 a.m. until 4 p.m.

for the summer. For the winter our hours are 9 a.m. to 3 p.m. A few of us got together after hours and did some rearranging, decorating and filling the racks. We are doing our best to make this a clean, well stocked and happy place to shop. Our customers have commented on how great everything looks.

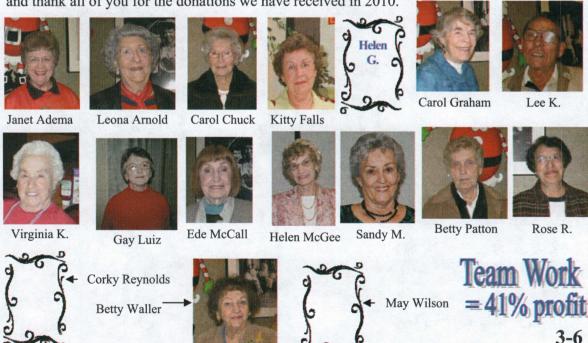
Our donations have been coming in steadily which has allowed us to have sales on several clothing items so that the community can enjoy our *gently used* clothing.

We have also taken advantage of the events that the City of Vacaville has during the summer months, by staying open later.

I would like to thank all the volunteers who come in everyday and for their had work. You have made all of these changes possible resulting in a fantastic year for our Thrift Shop. Thanks you to: Janet Adema, Leona Arnold, Carol Chuck, Kitty Falls, Helen Gutierrez, Carol Graham, Virginia & Lee Kloppenburg, Gay Luiz, Ede McCall, Helen McGee, Sandy McSwain, Betty Patton, Rose Resendez, Corky Reynolds, Betty Waller and May Wilson.

I would also like to thank Jane Schilling and Pat Dennis for all the work and support they have given us.

We will continue to make small changes as time goes on. We always welcome donations and thank all of you for the donations we have received in 2010.





Penny Wrap

Betty Waller, Chairman

This year's Penny Wrap was a huge success. We made over \$1200! The NorthBay Cardiac & Pulmonary Rehab Department came thought again this year with a donation of coins weighing 202 pounds. Paper cash was also stuffed in some of their jars. Our guild provided them with a Certificate of Appreciation to show our thanks for their support.

In addition to the Penny Wrap we had a bake sale and sold home made cheese balls. This increased our income significantly. Thank you to all the volunteers that helped make this event a success.



Fundraising Virginia Greer, Chair

Well here it is the end of another year. It has been a very good and profitable year. Looks like we are going to make around \$45,000 for 2010. That's about \$20,000 more than last year.

We had several new vendors with very good response. I'm working on next year now and hope to get even more new vendors. I want to thank everyone for their help and support. I could not have done it without all of you.



Mailing Committee Barbara Lum, Chair

The Mailing Committee did not have any mailing requests the first 5 months this year. Then in June the Hospital Administration department gave us a call for help. 2,310 pieces of mail were labeled and mailed out. September was a busy month with 3 mailings totaling 4,747 envelopes sent out for the Human Resources department. The committee also assists with some of the Guild mailings.

Many thanks to this year's committee members: Dorothy Hicks, Betty Waller and new guild member Gail Ratiff. We all work really well together and have fun socializing while we work.

Golf & Tennis Committee Barbara Lum, Chair

This year's 27th annual Golf & Tennis Classic was held on Monday, July 1210 at the Green Valley Country Club (GVCC). For the past couple of years we have been trying to get more hospital employees involved with this fundraising

project since the proceeds supports their departments.

I asked Jane Schilling to invite each department to adopt a "hole" on the golf course. We were happily surprised to hear from so many departments. They put up signs for their department and had employee volunteers to answer any question(s) the golfer may have (i.e., what is a CAT scan and how is it different from other scans). We had Guild volunteers on all the major holes to greet and thank the golfers for participating in this event. We all had a good time.

In 2009 our volunteers dressed outrageously funny so this year we decided on a more subdued theme. We wore black sequined aprons for a more sophisticated look. Our goal each year is to "out do" the previous year.

This year our guild membership voted to benefit several NorthBay programs: the Alzheimer's Day Care Center, Hospital Pharmacy, Teen Nurse Camp, Continued Education and support of the Simulation Lab.

Many thanks to Brett Johnson and his tireless Foundation staff, Colleen Knight and Tim Johnson. A special heartfelt thanks to Jane Schilling. She paired all the golfers, assigned and instructed the hospital employees and took care of the countless details required to pull this Classic together. I want to thank all the Guild volunteers who baked breads, worked on the holes, registration, and Goody Bags. Thanks also to the Rehabilitation staff and other hospital employees who worked that day.

Last but not least, many many thanks to the Guild Golf & Tennis Committee members: Barbara Brender, Carol Chadbourne, Ellie Cheechov, Jim Falls, Carol Graham, Lauretta Graham, Sandy McSwain and Pam Reeder. As Chair person of this committee, I am glad to report that the proceeds for 2010 were an outstanding \$64,875.54. (For those of us who know Carol Graham, our Golf & Tennis Treasurer, we are not surprised to see it documented down to the penny.)





Alzheimer's Volunteer Services Gary Hays, Chair

By Bob Panzer for Gary Hays

The year 2010 was another active one for the volunteers at the NorthBay Alzheimer's Resource Center. In January, a workshop on the "Ten Warning Signs of Alzheimer's Disease" was well attended at the NorthBay Fairfield Annex. In May, Teepa Snow, Dementia Care and Training Specialist, presented by Caregiver Empowerment Workshop, "Promoting Wellness," at the Fairfield Community Center, where an informational table was set up. Also in May, Dr. Patrick Arbore gave a PowerPoint presentation on "Mental Illness and Aging", sponsored by the Area Agency on Aging at the Fairfield Community Center. In November, we attended an Alzheimer's Association Conference, "Strategies for Success", in Yountville.

We continued to facilitate monthly Caregiver Support Groups as the Adult Day Center in Vacaville, with the exception of September, when Gary Hays suffered a painful fracture from a fall. He continues to recuperate at home, determined to resume his duties by the first of the new year. The average attendance at the support groups was 29. Guest speakers presented useful information at two of the group meetings, one in April and one in November.

The Resource Center, located in the lobby at the VacaValley Hospital, was covered from 10 a.m. to 2 p.m. four days a week until September, when it was curtailed to Wednesdays and Fridays. In 2010, the number of new inquiries from callers totaled 336, and from walkins 141. Follow-up calls with caregivers totaled 631, for a total of 1,108 contacts at the Resource Center.



We are grateful for the support of the NorthBay Healthcare Foundation and the Guild in our services to caregivers and their loved ones.

At left, Brett Johnson surprises Sandy Perez with a check for \$20,938.32. These funds came from Oretta Courtland's Life Insurance Policy wherein she named the NorthBay Alzheimer's Program as beneficiary. See In Memory pages for details on how this money will be used.



Women's Health Resource Center C.J. Chadboume, Chair

The Women's Health Resource Center (WHRS) is under the direction and supervision of Jan Prather, Service Line Director of NorthBay Healthcare Hospital, Coordinator Lynn DiModica and Suzanne Goodwin, RN,BSN clinical analyst.

This is my first year as Service Chairman and as Chair it has given me a first hand look at how the center functions. The WHRC is a stepping stone to better health and wellness for the future of women who have been inflected with any source of a medical problem. With a core of highly experienced and educated NorthBay Hospital personnel working together to promote health and wellness this center will score high and move forward far beyond expectation......

The WHRC is equiped to put you in a relaxed mood when you walk through their doors by offering a smile from your host a NorthBay Volunteer who is ready to assist you. You are offered a Library of Medical Educational books to read, a video for you to view on any medical subject to research or perhaps just sit and relax in a quiet atmosphere with other visitors. The Coordinator Specialist, Lynn DiModica and Suzanne Goodwin RN,BSN are always on hand to answer any questions you may have.

This past year the WHRC had great success on putting on a event for women in the promotion of the center. The" Girls Night Out" presented at the Performing Arts Center in Vacaville, was a sell out event. Through this event our charter membership has grown to an outstanding number of 800 members.

We now have four volunteers working at the center, Janet Adema , Brenda Boyd, Shahane Everest and Cj Chadbourne. Thank you Volunteers for dedicating your time and energy for a worthy cause.

To become a Charter Member of the WHRC please drop by. You will find the WHRC at 1860 Pennsylvania Ave, just adjacent to NorthBay Healthcare Hospital Fairfield or you may e-mail the Coordinator Specialist Lynn DiModica at ldimodica@northbay.org or you may call 707-646-4267.





Janet Adema



Shahane Everest



VVH Floor Sundries Joint Replacement Ellie Cheechov, Chair x 3

Floor. This has been a good year on the floor, in spite of a few short timers. We are near full capacity with 3 new volunteers. Every day is covered except Saturday. The patients are most pleased with the goodies offered them from the Care Cart, the coffee and newspapers.

Sundries. A BIG Thank You to the volunteers and hospital staff for bringing the toiletries to the Guild rooms at NBMC and VVH. They will be individually packaged and delivered to the various women's shelters in Solano County in December. Thanks also to the great team who put it together: Gail Mitchell, CJ Chadbourne, Sandy Neese and Barb Lum with yours truly.

Joint Replacement. As volunteers for the Joint Replacement Program (JRP) we try to make the patients feel comfortable with a gift bag of sundries and a soft cuddly lap robe that AnnMarie presents to them when they arrive. After surgery and they are ready to go home, a special lujch is prepared for them. Karen Seiden, Barbara Jean and myself have the table set to greet them in the dining room as they are being wheeled in. After a little toast for a job well done by the patients, the Guild presents them with a "woodie" night light, their "Highway to Home" for a safe recovery.

To show how successful this program is, Cyndy Giquinto, Mgr. sent me her report as follows:

"Our goal is to create a program for Joint Replacement to improve patient outcomes, improve patient physician and staff satisfaction and decrease length of stay thereby making this a more cost effective way to deliver care. We wanted to decrease JR at NBMC because we could deliver more cost effective at VVH. In three short years we have accomplished all of that.

We opened Aug. 7, 2007 with 12 patients. In 2008 we had 97 patients, in 2009 we had 95 patients and as of Nov. 30, 2010 we had 106 patients. We estimate a total of 112 for the year. Our program is growing steadily."



AnnMarie Holt

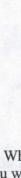


Barbara Jean



Karen Seiden

3-11



NBMC ED Floyd Hicks, Chair

When you're in immediate need of medical attention, the last thing you want to do is sit and wait in a hospital emergency room. That's why we at NorthBay, strive to provide everyone who comes through the

door with high quality, around the clock emergency care as quickly as possible.

We have a team of emergency physicians and registered nurses on hand 24 hours a day to provide quality care to all patients, from critical emergencies to minor injuries and illnesses.

The NorthBay Emergency Department has treated, for the 10 month period ending 10/31/10, 31,383 patients, and is on schedule to treat 37,659 for the year ending 12/31/10. The ED averages 103 patients per day with an average stay of 4 hours.



Mrs. Sunshine

Sunshine Committee of One Gail Mitchell, Chairman

This has been a very busy year for the Guild. We have accomplished many things. The Sunshine Committee of One has been doing well. As Chairman I would like to thank all who have donated cards. It is very much appreciated. Please continue doing so. Please do not donate Birthday cards because the Guild has a customized card we now send out every two months. If any Guild member knows anyone who needs a card sent to them please call me and it will be done. My phone number is (707) 422-2610.

A total of 65 cards have been sent to our Guild members in 2010.











3-12



CAHHS Report

C.J. Chadbourne Region 1 Advisor

What is CAHHS? California Assoc. Hospitals & Healthcare Systems

Volunteers this will be last report to you as the CAHHS Region 1 Advisor as this is my last year in this role. I have thoroughly enjoyed every minute bringing to you news of other Auxiliary's and Guilds. I have also enjoyed working on the CAHHS Hospital Leadership Conference for 2011. I will miss this role...But I will see you in the future as the President Elect of the Sacramento Valley Area Council (SVAC). In this capacity I can continue to keep you up to date on the latest news from other hospitals in Northern California.

I have learned much by attending the SVAC meetings this past year. I learned from the other hospital gift shops and fundraising Chairs that their funding did not fall behind to any extent with the poor economy. This was very good news to hear that many stayed on the positive side.

This has been a fast moving year for me. The annual CAHHS Leadership Conference was held in Sacramento last year. The conference was a success. My hat goes off to the NorthBay Guild and the NorthBay Foundation for their financial support by sending a group of volunteers to the conference. Thank you to NorthBay Healthcare for their sponsorship contribution. Thank you to our Director of Volunteer Services, Jane Schilling for her presentation at the conference. Jane gave a superb session on Fundraising during "California's Best" at this state conference. Thank you to Colleen Knight (accompanied by the Travis AF Color Guard) sang *God Bless America*. This was the highlight of the opening session.

My toast to you: The NorthBay Guild Volunteers.



I raise a toast to a magnificent group of volunteers. May 2011 be another year that will surely go down in history as a result of you dedication and support is such trying financial times. As we plunged into what seems to be a recession this past year you have proven without a doubt you are an invaluable asset to NorthBay and our community.

I raise my glass to the 2011 newly elected officers of the NorthBay Guild. I give a great big thanks to our 2010 officers for their hard work, teamwork and leadership.

3-13

Auxilary Services



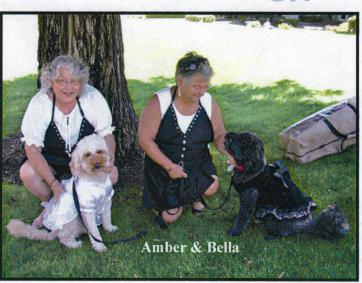
Ladybug, Mimi & Poco



Grace Kelly and Max

Paws for Healing

Worked
our annual
Golf & Tennis
Classic
again this
year.





Hi everyone,

I would like to wish you all a joyous Holiday Season and hope the best for all of you in 2011! Guinness and I have enjoyed being NB, READ and PFH volunteers very much (although our hospital visits have been sporadic the last few months, due to work, and for that I am sorry)! We have made many new friends and we learn something new on each visit.

Sadly, we will soon need to end our stay as volunteers. Guinness has recently been diagnosed with Prostate cancer, which seems like it has already spread to his spleen and lymph nodes. He also has a large blood clot (thrombus) in an artery close to his heart. He is being treated by

the Oncology and Cardio-logy departments at UC Davis and we are doing everything we can to keep him happy and comfortable, which he is. His tumor is inoperable and we won't pursue radiation given his age and type of cancer.

We have created Guinness's Bucket List and are revisiting all the things, places and food he loves best. He is still a happy boy, who played Frisbee yesterday and as of now, you can't tell he is sick at all. I wanted you all to know and know that this is why I did not send back his Medical History form this Nov. We will not be recertifying in Jan, but if he is healthy enough I would like to keep doing visits through Jan., if that is okay! I am also way behind in turning in hours to Meir, but I will catch this up!

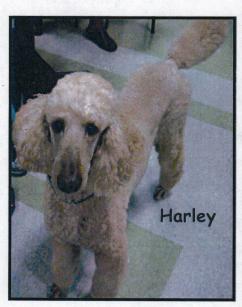
Guinness may not have much time left, but it will be quality time and I know I soon face the hardest decision of my life. I love that little booger sooo much, give your pets a big hug from Guinness and I and Thank You all for all you have given us!

Steve Teer, Sandy, Guinness, Irish and Whiskey

Team Flyin' Irish



Gidget











Emma & Paulette deCruz



Mended Hearts Lailanie Revelo



NorthBay Healthcare now provides a two-fold program to our patients through the NorthBay Mended Hearts Chapter 357. It consists of monthly support group meetings that include educational lectures on various topics with professionals in their field and a hospital visiting program. The visiting program involves volunteers who have experienced a heart procedure or surgery.

Our volunteers visit patients at their bedside in the hospital who are undergoing or recovering from a similar heart event. The NorthBay Mended Hearts Chapter 357 offers hope and support to the patients with heart disease and their families. Meeting once a month or with a Mended Hearts volunteer visitor helps heal and ease the process of fear and anxiety.



Heart Patients Sharing & Caring.

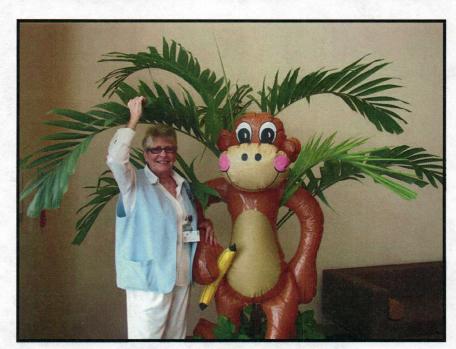


Doug Straw and Lailanie Revelo

Hope for Recovery.

Hope for a rich full life. For 60 years, Mended Hearts has been offering the gift of hope and encouragement to heart patients, families and caregivers...bringing all of us together to form a network of caring individuals. If you or someone you know is a heart patient who would like more information or upcoming meetings please contact Lailanie Revelo, RN at (707) 646-5072.

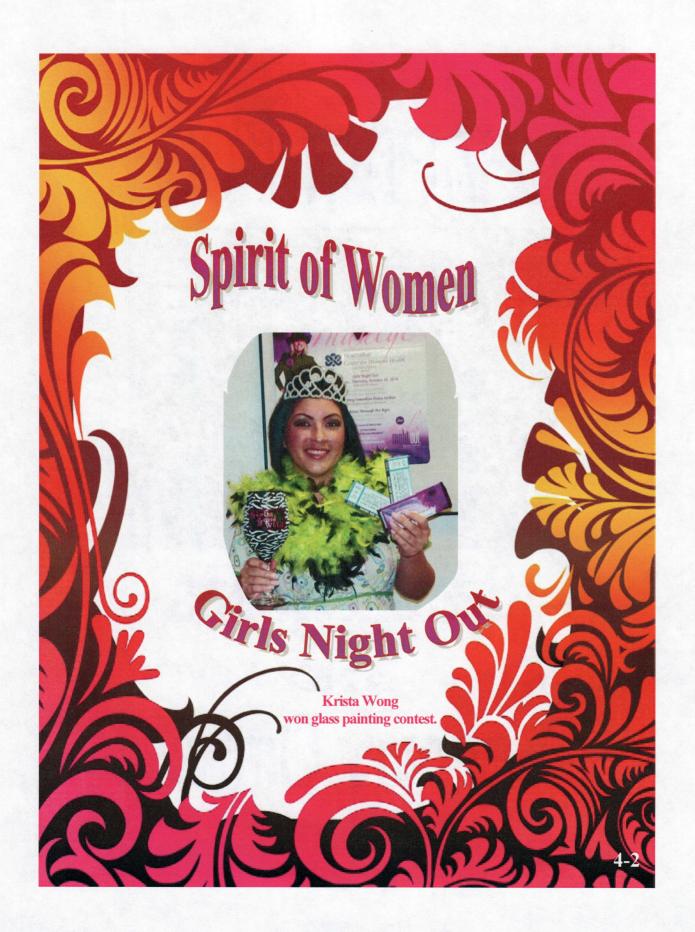
CHAPTER FOUR



SPECIAL EVENTS

AND

COMMUNITY OUTREACH



Jane Schilling & Coleen Knight

Girls Night Out

NorthBay
Unleashes
Girl Power.
From Doctors to
Divas,
the Time
Was Devine!

Divas



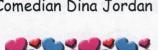




NorthBay Healthcare Group President Deborah Sugiyama (left) shares a smile with comedian Diana Jordan 4-3



Comedian Dina Jordan



Nearly 500 women (and a handful of men) made the first NorthBay Spirit of Women "Girls' Night Out" a sell out success at the Vacaville Performing Arts Theatre.

An event this big couldn't be a success without the help of our NorthBay Guild Volunteers. Special thanks to Patricia Dennis, Janet Adema, Gail Mitchell, CJ Chadbourne, Sandy McSwain, Chelsey Rice, Francisco Bolanos, Eileen Smith, Jennifer Baylor, Wendy Frayseth, Barbara Lum, Kitty Falls, Virginia Greer, Debbie Lowdermilk, Michelle Duran, Karrie Rawden and Ellie Cheechov.



Foundation President Brett Johnson and Foundation Board Member Tina Benedict

Who says fundraising is all work and no play? Brett seems to be having fun.

"Girls Night Out" is the first event sponsored by the NorthBay Center for Women's Health as a member of the national organization, Spirit of Women. Spirit is an elite coalition of American hospitals that ascribe to high standards of excellence in women's health, education and community outreach.

Spirit of Women hospitals are committed to making good health easier and to help women and their families take action that result in better health and healthier lifestyles. NorthBay Healthcare is proud to be the "Spirit of Women" hospital in our region. Our Guild proudly provides 5 day volunteer coverage at the NorthBay Center for Women's Health.



Women's Health Resource Center Health Coach

Suzanne Goodwin, R.N.

Suzanne Goodwin, R.N., is NorthBay Healthcare's first women's health coach. Based at the NorthBay Women's Center in Fairfield, Suzanne can help patients find new ways to develop healthier habits or

to manage a chronic disease.

A registered nurse for 10 years, Suzanne brings a wide range of experience to her new role. She joined NorthBay Medical Center in 2004 as an intensive care nurse and most recently has been a home health nurse. Suzanne was also a Solano County public health nurse and understands the wide range of medical services available to local residents.

Health coaches are becoming a popular way for women to find support and guidance to made sound decisions about their health.

"My goal is to help women improve their health no matter where their starting point is," Suzanne says. "If you need help reaching your goals, I'm here to provide the support and inspiration to move you forward."

She can help patients with their physician-prescribed care plans and offer advice on health screenings. Although she's available to help patients understand their diagnoses and how to best live with them, is not intended to replace visits to the primary care physician.

There is no cost for consulting NorthBay's health coach and all Solano County women are eligible to consult her. For further information, call the NorthBay Women's Health Resource Center at 646-6267.

Article by NorthBay's FYI



MICU CELEBRATES 25 VEARS



It was a roaring good time when the NICU got together with "graduates" and their families to celebrate the unit's 25th birthday. A Jungle Adventure awaited the more than 150 guests who came to the Saturday event. We celebrated the unit's silver anniversary at the NorthBay Admin. Building in Green Valley.

The oldest "graduate" was 21-year-old Jonathan Hughes of Vacaville, who hasn't missed a reunion, while the youngest was 3 month old Salman Madraswala of Vallejo. Parents of both sons were grateful that the NICU gave their babies a chance at life.



Our Volunteers helped the reunion run smoothly The Guild helps with set up









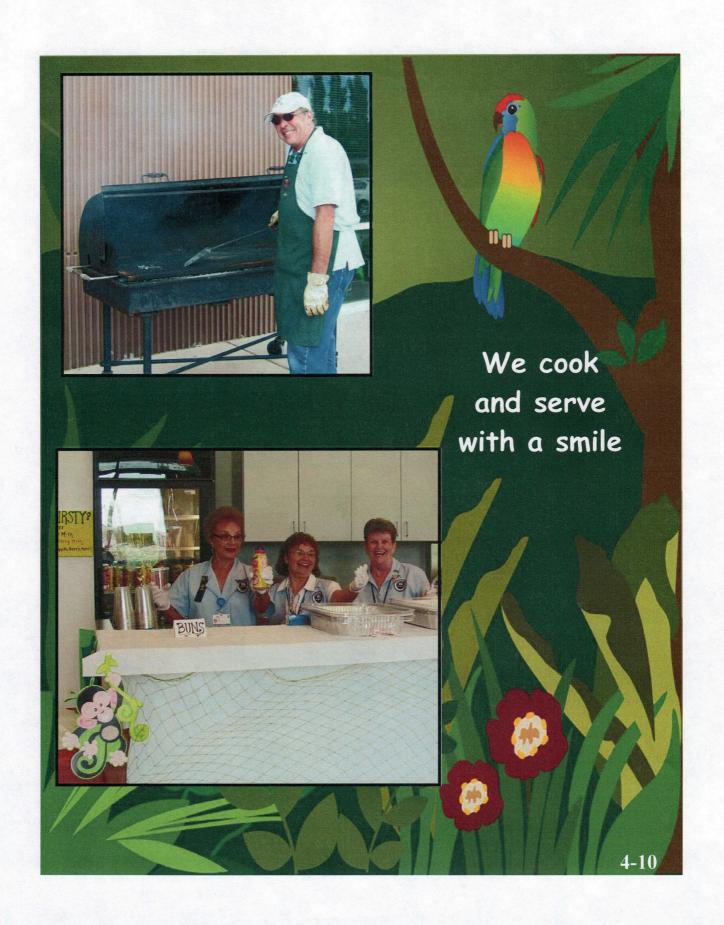




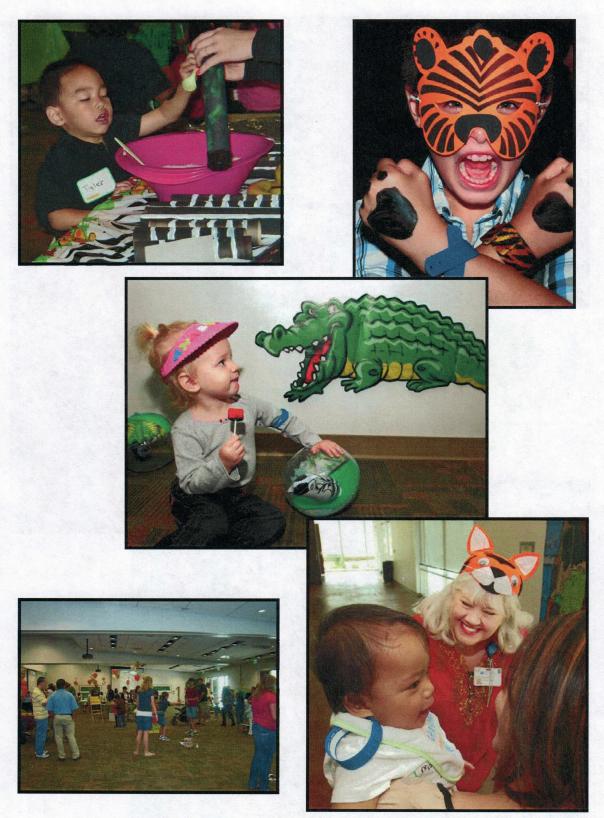
No one
goes
hungry
when
NorthBay
is in
charge.
Next stop,
the Canopy
Cafe

Meet
3
of our
Servers

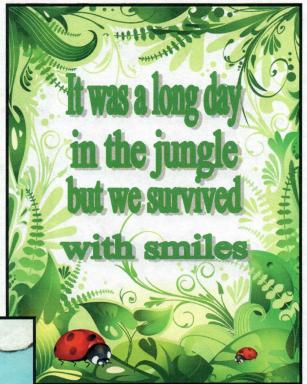


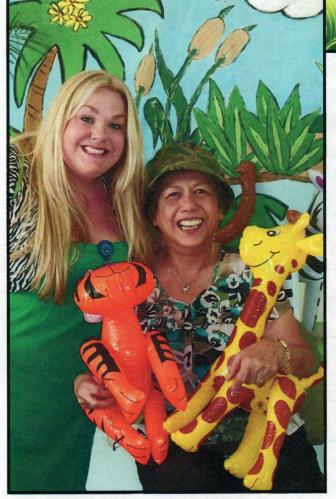










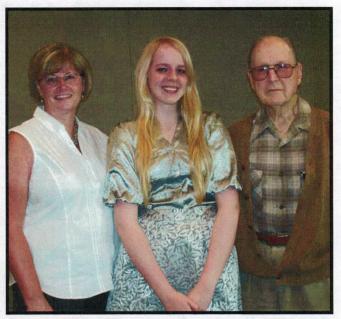




2010

Katrina Kokts of Vacaville, center awarded the Elizabeth D. Balmer Teen Volunteer Scholarship. Pictured with her are Teen Volunteer Coordinator Maureen Allain, RN; and scholarship sponsor David Balmer.

scholarship Awards





Scholarship Committee



Chair Donna Anderson

I was proud to be asked by Pat Dennis to take over the chairmanship of this committee. Barbara Lum had been chair for many years and asked to have a break. Barbara passed on a wonderful history of this committee, and she continues to offer her support. Other Guild Scholarship Committee members are Carol Graham, Gail Mitchell, Cherie Bauer and Ellie Cheechov.

Scholarship applications were sent to 11 employees of NorthBay during January, February and March with a deadline of April 16. Information was shared in the FYI and notices posted in the nursing break rooms. Guild members were also encouraged to consider the scholarship with a notice in the Guild newsletter.

The counselors at Vacaville High School were sent information about the Orr Scholarship. I was in communication with Maureen Allain, NorthBay Teen Volunteer Coordinator, regarding the Balmer Scholarship.

It was special to have the scholarship winners as well as their family members as guests at the June 3 Guild luncheon.

Scholarships



From left, Barbara Lum (Committee member), scholarship winners Melanie Maen,

NorthBay Guild Scholarships Awarded

Melanie Maen received \$2000 and has been admitted into the University of Phoenix Bachelor of Science in Nursing. Chanel Torio received \$1,500 and has been admitted to Solano Community College's Registered Nursing program leading to an Associate of Science degree. Tonya Brown received \$1500 and has been admitted to Solano Community College's Registered Nursing programming leading to an Associate of Science degree.

Elizabeth D. Balmer Teen Volunteer Scholarship

Requires a minimum of 200 volunteer hours working as an intern at the hospital under the guidance of Maureen Allain. Katrina Kokts received \$2,000 and will be attending the University of California at Berkeley, majoring in Microbial Biology. David Balmer assisted with the presentation. This award was again presented at the Awards night an Vanden Hight School that same evening.

Martha S. Orr Scholarships

The two recipients of these \$500 scholarships were not at the luncheon because the graduating seniors at Vacaville HS were on their senior trip to Disneyland. Representing the daughters were Jenna Goodson's parents, Ray and P.J. Goodson. Jenna will be attending California state University, chico, majoring in Nursing. Alysia Murdock's parents, Richard and Sandy Murdock. Allysia will be attending California State University in Monterey, majoring is Psychology. These awards were presented at the Vacaville HS Awards night on May 19 by Martha Orr's daughters, Nancy and Linda, and Guild member Barbara Lum.

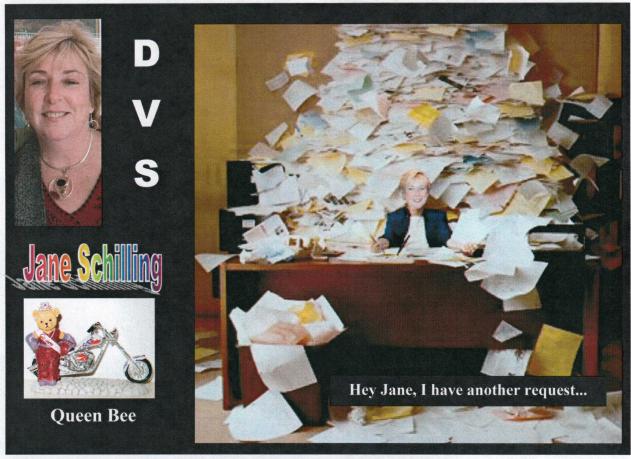
The Guild can be proud to honor these employees and high school students who are pursuing continued education with our assistance in the amount of \$8000 this past year.

4-15

CHAPTER FIVE



BEHIND THE SCENES





Virginia Geer: Our SUPER Vendor SALES VOLUNTEER!

Remember when...

Just a few years ago we did not have a volunteer arrange vendor sales in the lobby of our hospitals.

I am not sure who suggested this function but whoever it was did our Guild a great service. Virginia estimates her profits for this year will be around \$45,000.

If you have an idea please share it with us. All suggestions to improve our Guild are welcome. 5-2



Carol Graham
Golf & Tennis Treasurer
must be thinking
about the \$65K we
cleared this year
from our tournament.



Dorothy Miles always has a positive attitude and smile.

Reach Out and Read

Debbie Thomas I volunteer for an hour per week Read Program through the Fair

I volunteer for an hour per week with The Reach Out and Read Program through the Fairfield Public Library at Northbay Hilborn Clinic. I read to children while they are waiting for their appointments. Initially, I introduce myself to the parents, give them a brief explanation of Reach Out and Read which is a nationwide program founded by a doctor. The doctor found children exposed to reading aloud at a young age did better in school. I have a cart of age appropriate books from 6 months to 5 years that the library provides. I let them know as their child develops they will be

receiving books from their doctor. I explain the importance in reading aloud to their child, show them other techniques to engage them in the story and let them know about other literacy services available that the library provides.



Pam Reeder showing off her first Annual Report for our Guild



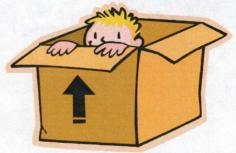
Jane Schilling is our #1 Supporter and her face above shows her pride in our Guild.



Gary Passama NorthBay Healthcare President & CEO always shows his support of our Guild



Colleen Knight is always showing her support of our Guild by working at almost all of our events.



Some of our hardest workers are camera shy

CHAPTER SIX



ALL OF OUR VOLUNTEERS

ARE

SPECIAL VOLUNTEERS

FOR THE LOVE OF MAGGY

Guild Volunteer Returns from Kenya with a Mission to Help a Young Girl



Guild Volunteer Shahane Everett is surrounded by children who attend a school of special needs children in Kenya.

Shahane knew that a trip to Kenya was going to be awe-inspiring, but she had no idea how much it would change her life, until she met a little girl named Maggy.

Shashane, 19, is a NorthBay Guild volunteer who dreams of some day becoming a pediatrician. For now, the Vacaville High graduate is attending Napa Valley Community College, and volunteering one day a week to work for the Guild in the NorthBay Center for Woman's Health.

She knew she wanted to do something special this past year and, for some reason, Kenya was calling. She saved up her money and traveled by herself halfway 'round the globe to spend three weeks volunteering in a school for special needs children, and an orphanage.

She lived with a host family with six brothers and sisters, and paid a young man with a motorcycle to get her to and from the school and orphanage.

The villiage where she stayed - Kakamega - is roughly the size of Vacaville, but doesn't bear much resemblance. There is but one real Americanized bathroom in the entire village, and that's in a new store. Most bathrooms in Kakamega consist of a shack with a hole in the ground.

Most of the families live in houses made from mud and dung. There are cows, chickens, and goats in most yards, and vegetable gardens scattered about recalls Shahane.

6 - 2



Mealtime was always busy, and Shahane Everett was never shy about volunteering to help serve the children who attended the school and the orphanage she visited in Kenya.

Shahane paid \$300 to her host family, and for that she had a bed, a roof over her head and food for three weeks.

Many of the children in the school for special needs children were in wheelchairs and unable to take care of their basic needs.





Most of the Kenyans speak a little English, at least enough to communicate. Shahane learned a little Swahili and formed what she hopes will be a lifetime bond with many of the people.

But the one who really captured her heart was a 4-year-old, who is in desperate need of surgery. Maggy became ill with meningitis when she was 8 months old. Although she survived, it left her with permanent nerve damage on her left side. Her foot is curved around, and cannot bear weight. Doctors there have determined it is the most pressing of her health issues, and say \$550 will cover the cost of the surgery.

While that seems a bargain by American standards, Maggy's family cannot fathom the ability to raise that much money. And it is only the first of many surgeries the girl will need. Her arm is also stationary, she holds it tightly to her body, because stretching out causes pain. She does receive therapy in which she is forced to stretch, just so the muscles won't atrophy. She also has problems swallowing and speaking, and the drool has caused sores around her lips.

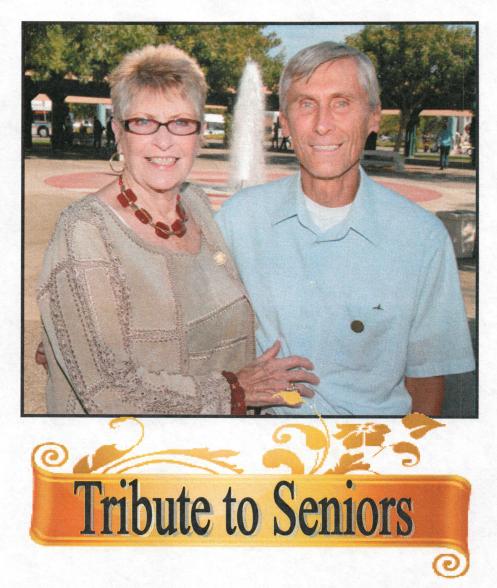
Doctors believe with continued therapy, she can be taught how to swallow and speak, which should clear up the skin condition.

"There's just so much that has to be done to help her," says Shahane. "When I met her and her mother, Leah, I was shocked at how positive they were, about how much they smiled. They never asked me for money, it's just something I want to do."

So now Shahane is making visits to service groups, sharing her photos and stories about Maggy, and trying to raise enough money to make a difference in the little girl's life.

"I had a real connection with Leah," says Shahane. "and I could see how hard it is to take care of Maggy, but she's just amazing. She smiles and gets excited and beams with joy when you pay attention to her. I just want to give her a chance to have a normal life. I met many folks with great needs in Kenya, but Maggy really touched me and I felt I had to do something to make a difference."

To learn more about Maggy, contact Shahane at shbeverett@yahoo.com.



Vacaville's Tribute to Seniors event is a day designed to honor area elders, and it is always very well attended.

This year's Tribute, held on Oct. 6, was also great representation for NorthBay Healthcare, as the day's keynote medical presentation was made by NorthBay Cardiothoracic Surgeon Seph Naficy, M.D., and two of NorthBay's volunteers George Daugvietis and Pat Dennis. George and Pat were among 15 to receive Tribute Awards for their services to the community.

George Daugavietis was nominated to receive a Tribute Award because he has served more than 15 years as a dedicated NorthBay Hospice volunteer. Pat Dennis was nominated by Jane Schilling for her "simply tireless" work as president of the NorthBay Guild, as well as the many other local organizations she supports.

6-5

CHAPTER SEVEN



VOLUNTEER
APPRECIATION LUNCH

VOLUNTEER APPRECIATION LUNCH



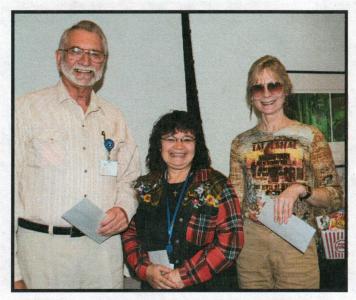






Alda Glass, Susan Hoff, Janet Adema, Barbara Brender, Karen Seiden and Betty Patton







Bob Panzer, Loretta Olson and Wendy Frayseth



Veronica & Bob



Sandy McSwain and Helen McGee



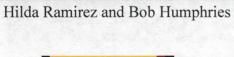


Ellie Cheechov, Gary Hays, Dorothy Hicks and Gail Mitchell





Gary Passama and Helen Vineyard





Jeff Magiera, Terri Dention and Lewis McCraven

Hospice Team





Veronica Wertz, Sharen Podzimek, Gloria Queen, Kathy Eichen, Jean Whitten, Cheri Bauer and George Daugavietis.

Volunteers are the heart of Hospice



Gary Passama, Margery Hoggarth & Jane Schilling



Doug Straw and Lailanie Revelo



Lady and Poco





Meir and his babies



Darlene Gross, Lee Kloppenburg and Clovis Heath



Virginia Greer and Marge Jones



Pat Dennis, Amy Gella and Marlene Dessler



Dorothy Knaak and Barbara Jean



from NorthBay 7-8

CHAPTER EIGHT



GOLF & TENUS

Welcome



27th Annual

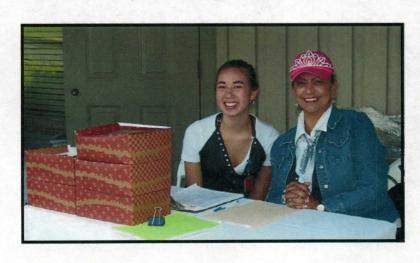
NorthBay Guild Golf & Tennis Classic

After Registration...





Goody Bags, Coffee & Pastry

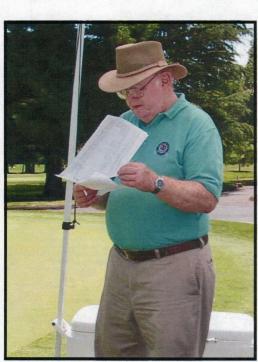




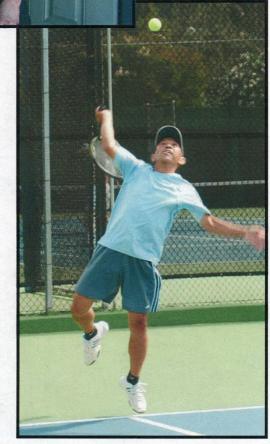
8-3



The doors open for the tennis players



and the putting area prepares to open



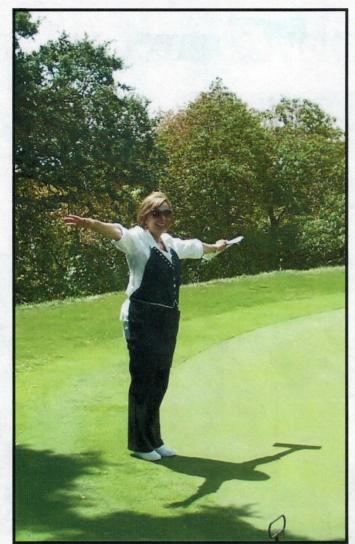
8-4

NorthBay employees greet golfers









set Gol







8-6

Super Woman











8-7

Hey Pat, you forgot your cape.







Our Worker Bees









This guy is so handsome Lyn's hair stands on its' ends









Paws for Healing helpers hard at work











Holding up trees? No big deal.

We do whatever it takes
to make this day a success.





and now its time to get ready



for the banquet



CHAPTER NINE



Volunteers fill the lobby with beautiful orchids

SCRAPBOOK

NorthBay Guild Hosts



CJ with SVAC President





SVAC Meeting,2



Sharing ideas and friendship: that is what SVAC is about



The Lunch Bunch











The Three Musketeers



Doreen Darville trying to ignore one of Pam's jokes





Manuella maintaining
a low profile



A Job Well Done Celebration and Breakfast

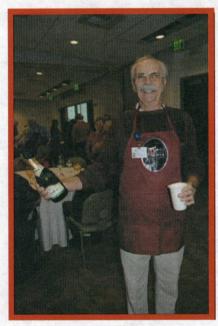




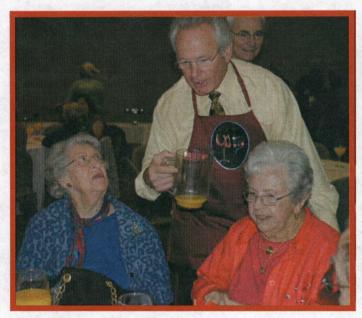








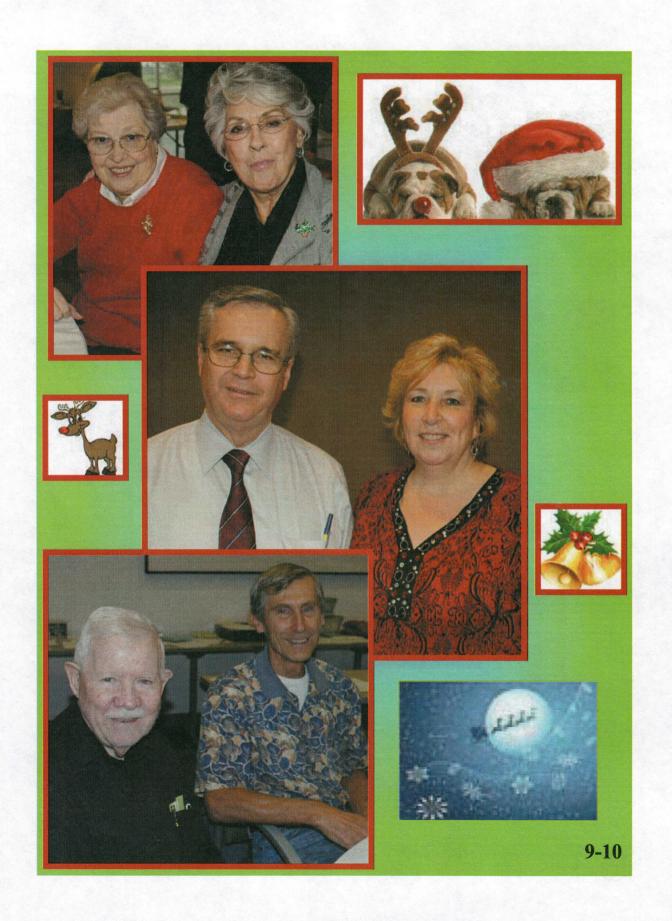


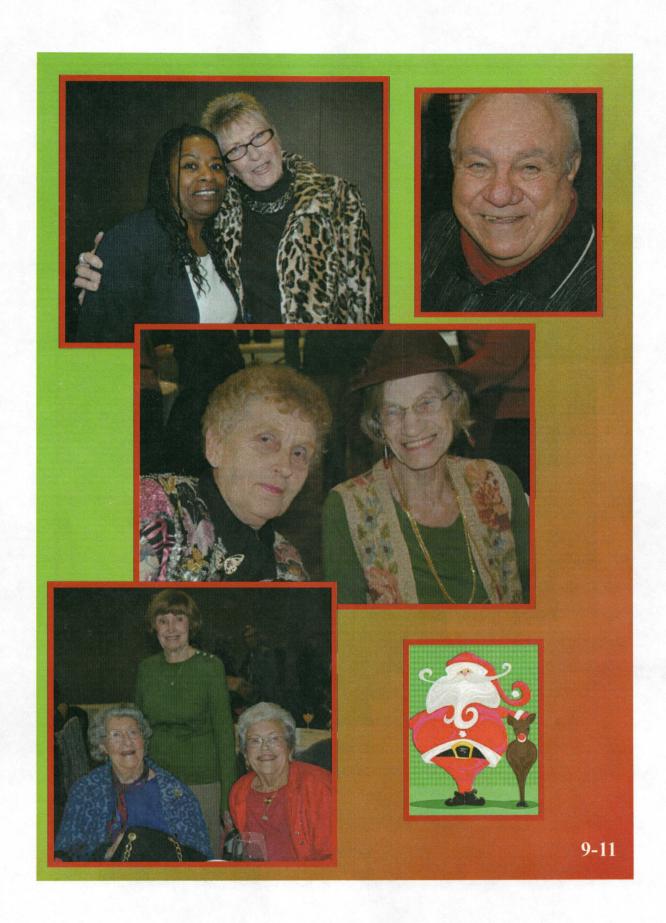




















Work and fun it's all good



Connie Hernandez

NorthBay Guild

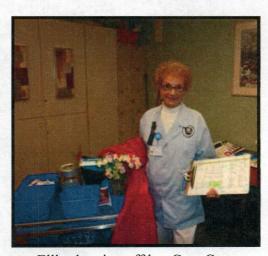


Jeff Magiera

Volunteers Rock



Barbara Brender and Marcia Nutter



Ellie showing off her Care Cart.



Dorothy trying to resist buying more tickets from Jane

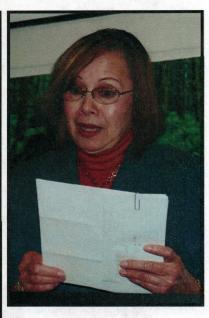
More Candid Shots



Lord
Give me strength



Did I really say that out loud?



Yes you did



I can't believe it



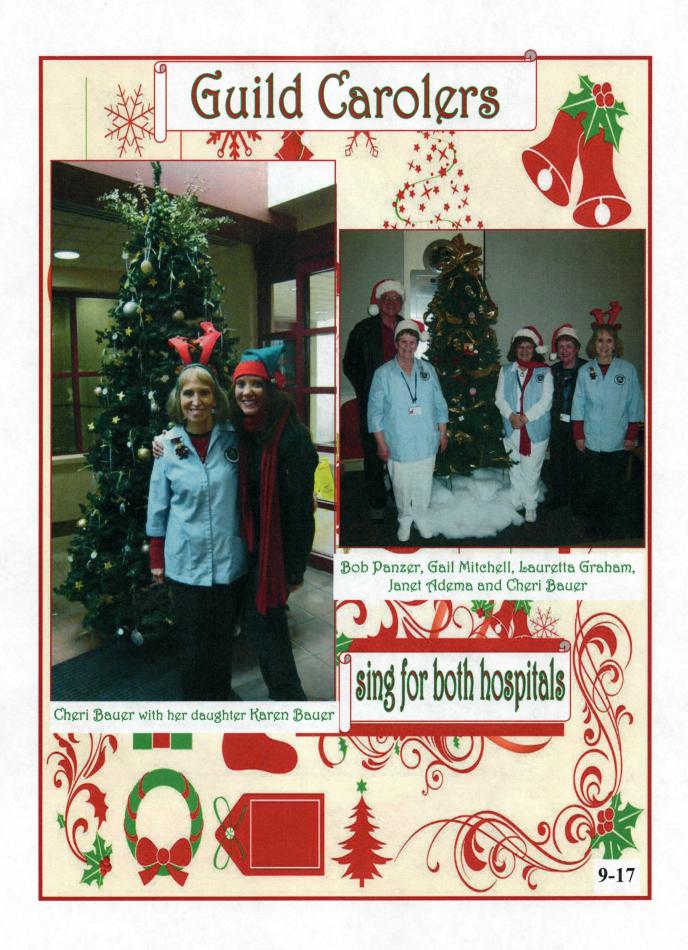
Let me tell you what she meant to say...

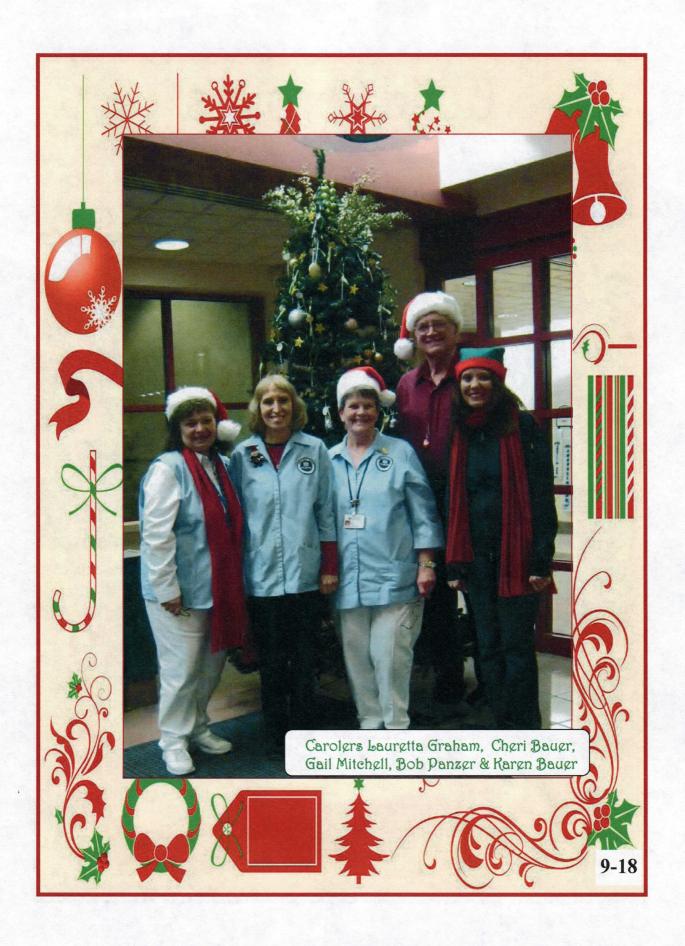




End Of year

9-16







...and to all a good night



2011

CHAPTER TEN



2011
HERE WE COME



Hi there!

As your incoming President my first "mission" will be to increase attendance at our monthly membership meetings. With your help, and by revising meeting locations, and with a little bit of luck, I think we can accomplish this mission. Below is a list of meeting dates and locations for 2011.

Jan 10 - Green Valley	Feb 3 - NBMC Annex	Mar 3 - Holiday Inn VV	Apr 7 - Green Valley
May 5 - NBMC Annex	Jun 2 - Holiday Inn VV	Jul 7 - Green Valley	Aug 4 - Holiday Inn VV
Sep 1 - NBMC Annex	Oct 6 - Holiday Inn VV	Nov 3 - NBMC Annex	Dec 1 - Green Valley

I will do my best to make the meetings worth your time and effort. If you have any ideas to make the meetings more interesting or fun please let me know. I hope to see you at our next meeting.

Sincerely, Pam Reeder

2011 President

Green Valley Business Admin. Center, 4500 Business Center Dr. Fairfield NorthBay Medical Ctr (NBMC), 1200 B Gale Wilson Blvd., Conf. Rooms 1 & 2 Holiday Inn Express 151 Lawrence Dr., Vacaville (VV), in the Leilani Room



